



## A STUDY ON MODERN WORKPLACE EMPLOYEE MOTIVATION

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**ABSTRACT:** Motivation is a desire that motivates action, per Webster's New Collegiate Dictionary. Motivation gives a motive, while "motivate" implies one. Motivating someone with a purpose. Meeting a need drives reward-seeking. The definition is flawed. Support, motivation, and skills affect job candidates' performance as desired by employers. Some underestimate motivation's importance. Behavior is driven by desires. Most people act for aims. Thus, motivation is a secret desire to succeed. Need, want, and drive motivate. Motivation impacts performance, remuneration, and HR issues. Today, three generations work. Workers have strengths and shortcomings regardless of age. Managers must work with everyone to succeed. Understanding group incentives may help you interact effectively for mutual gain. Employee motivation has two key components and is commonly discussed. Hire faster. Users should challenge harsher programs for long-term gains. Fast methods should be used wherever possible. Even without long-term gain. Many methods exist to spice up a work. These drugs lose efficacy over time. Long-term regimens are needed for them.

**Keywords:** *Employee motivation, Motivation techniques, Modern workplace motivation.*

### 1. INTRODUCTION

"Motivation" is a Latin word that means "to move." The motivation of an individual is determined by their actions or bodily movements. A close examination of an individual's verbal and behavioral manifestations in a situation can reveal their underlying goals. This definition of "motivation" relates to the psychological mechanism that imparts meaning and aim to activities. Managers utilize this strategy to encourage staff to work toward organizational goals. Motivation is a psychological trait that drives people to achieve goals or fulfill desires. Knowing a person's motivations, according to psychologists, helps them comprehend them. People's vitality allows them to overcome adversity. The "motivation" process elicits, controls, and sustains specific behaviors. Collective phenomena influence the type, intensity, and duration of an individual's behavior. Without nourishment, a person may experience hunger. Food can be consumed to satisfy hunger. Motivation is composed of physiological, behavioral, cognitive, and social components. Setting and achieving goals is critical, and research reveals that individuals may influence their own motivation and self-control. Numerous theoretical frameworks link motivation to variables that are less visible, such as altruism, selfishness, morality, or the need to avoid death. Physiological demands like as sustenance and relaxation

can also fuel motivation, as can desires for specific items, goals, states of being, or ideals. Optimism and volition should not be confused with motivation when it comes to conceptual understanding. Emotion and motivation are not the same thing.

## METHODOLOGY

Based on previous research, this paper presents a conceptual framework to notify HR departments of potential repercussions. The purpose of this study is to examine employee motivation under the new framework. The procedures for collecting data are part of the research design (Sekaran, 2002). The optimum method should be determined by the specifics of the problem. This study gathers information by examining secondary sources. Data from research publications, books, internet resources, academic journals, and dissertations were utilised in this study. These sources are listed in the report's References. The study relies on secondary data rather than original data. Employee motivation is critical, and this study emphasizes the need for novel approaches. It advises successful businesses to treat their human resources as though they were other assets.

## 2. LITERATURE REVIEW

According to Golzadeh's (2001) study "Factors Affecting Employee Motivation in Organizations," persons are critical to organizational performance, whether they work for industrial or corporate companies. Determine the motivators that drive human behavior in order to improve productivity and efficacy, and then fulfill those needs. Management experts believe that motivation is varied and nuanced. Information and skill acquisition are required for motivation, comprehension, and application. Managers must comprehend motivation as the driving force behind employee actions and behaviors. Motivation study investigates a variety of aspects of human behavior, including organizational engagement.

- What factors influence physical activity levels?
- What influences job interest or disinterest?

These and other motivation concerns can be resolved through scholarly talks on employee motivation and motivations. Thus, managers that understand employee motivation can collaborate with their employees to achieve corporate goals while still fulfilling their other responsibilities. Thus, it is critical to maximize employee satisfaction and professional engagement while reaching organizational goals. Finding the root reasons of employee dissatisfaction may aid in improving working conditions and employee satisfaction.

Abzare et al. (2010) investigated employee motivation at public and private hospitals in Isfahan. The study included medical, paramedical, nursing, and administrative-logistical workers from public and private Isfahan hospitals. The research sample consisted of 248 employees chosen at random. The sample size was calculated via the limited sample size computation. A 52-item questionnaire separated into organizational, spiritual, and material components was used to collect data for this study. In addition to face validity, the Cronbach alpha coefficient of the questionnaire was 0.82, showing dependability. The average scores for occupational level, work position, and education were all significantly different. Because of distinct staff motivation considerations, spiritual components were more essential in public hospitals than private hospitals.

In 2003, Ostovar et al. conducted an analytical descriptive study on employee motivation at Yasuj University of Medical Sciences. The hierarchy of needs was agreed upon by managers and personnel. In other words, managers and employees shared similar perspectives on motivators. According to a large survey, managers and employees had similar perspectives on workforce requirements, educational attainment, and job satisfaction.

Bakhshi Ali Abadi et al. conducted a descriptive study titled "Factors Improving Job Motivation Among Rafsanjan University of Medical Sciences Faculty" in 2004. The researchers' 40-item questionnaire was both reliable and valid. Herzberg's two-factor theory was applied in this survey. The questionnaire was completed

by all 82 faculty members at Rafsanjan University of Medical Sciences. According to the statistics, 81% of participants linked their employment incentive to outside factors, while 72% attributed it to internal characteristics. The most important intrinsic elements were the job itself, employee recognition and appreciation, job growth and advancement, and job goals. Income, employment stability, working environment, quality of contact with coworkers, supervisory effectiveness, and workplace policies were the most important extrinsic variables. External factors, such as health, were thought to have a higher impact on job motivation than intrinsic factors. Herzberg's theory is not supported by the investigation. The key factors influencing employment motivation are pay and job stability.

Rezaie et al. conducted a survey in 2009 to investigate the many factors that drive Markazi Province promoters to work. Age, farming and ranching experience, promotion experience, village residence, income, household land size, promoters' social activity, interest in farming and ranching, and job motivation all revealed a statistically significant positive link. This study discovered a strong link between promoters' primary occupation, marital status, and employment motivation. Three times, age, promotion activity involvement, and farming and ranching interest were incorporated as independent variables into the regression equation. According to the data, these three characteristics may account for 63% of the differences in local promoter work motivation.

Amirkhani (2010) studied customer satisfaction and employee motivation in branches of the Tehran Social Security Organization. Employee health and motivation were supposed to promote consumer enjoyment, including physical conditions, effective leadership, cooperation and synergy, rewards, job security, income, creativity, and innovation. A survey of 150 employees and 50 customers was conducted to investigate health-motivational components using Herzberg's two-dimensional model. The study discovered that motivational characteristics had a greater impact on employee performance and customer satisfaction than health-related variables. According to the regression research, employee contentment may explain 16% of the variance in customer satisfaction by achieving motivating expectations. Employee incentives to enhance performance and provide better services account for 34% of the variance in customer satisfaction.

Vioasami et al. (2001) investigated how several factors influence employee motivation. The researchers looked at how employees' workplace motivation was affected by communication skills, crisis management, interpersonal relationships, decision-making, conflict management, error management, risk-taking, reward management, trust, supervision, and guidance. Employee participation in decision-making increases motivation, according to the findings. Public promotion professionals are motivated by six major factors: advancement, reliance, attachment, development, expertise, and control.

Wangi et al. (1994) investigated employee motivation in Kenya. According to their findings, management, supervision, insurance, rewards, and job experience all have a substantial impact on employee motivation. Age, gender, marital status, education, and career background, on the other hand, have less of an impact on employee motivation. Franco (2004) investigated the factors that influence employee well-being. The study discovered that this group was driven by job stability, efficiency, and pride. Both monetary and nonmonetary incentives are relevant in this context. In another study, Timreck (2002) found that accomplishment, acknowledgment, responsibility, and advancement were positive motivators, but guilt and threat were negative.

### 3. BACKGROUND WORK

Leaders use motivational tactics in modern workplaces to encourage people to generate high-quality work, increasing their chances of success in a competitive professional landscape. It is critical to understand how to preserve performance and morale. Many managers feel they have the ability to motivate their workforce. The main concern is that we understand how it works. In actuality, their comprehension is weak. Deeply



comprehending leaders avoid these misunderstandings."Ensure completion promptly, or consequences may result," and "Consider yourself fortunate to have gainful employment" communicate urgency or privilege. These claims may have worked in the past. They're useless in today's workplaces. Employees are made aware of cost-cutting strategies such as salary changes, benefit reduction, and workforce downsizing. Furthermore, the economy is in decline. As a result, the loss in morale should come as no surprise.

Several bosses offer employees extra responsibilities without increasing their pay, exacerbating the situation. Companies must invest in their employees more than ever before. A fundamental goal is to increase positive workplace motivation. Workers operate the vehicle. There are various methods for motivating employees, ranging from plain and simple to expensive and luxurious. Many workplace motivational tactics incorporate practical examples. What are some practical strategies to get started with motivation? Workplace motivation can be approached in two ways. One way is short-term motivation. This intervention is required for immediate morale boosters. The second technique is long-term motivation. Employee motivation takes a lot of time and effort to maintain. This alone draws executives and organizations to the quick morale boost method. Gift certificates and appreciation gifts can both be effective.

In reality, they've done quite well. People are at the heart of any organization. Using the resources provided, organizations can start and develop. Any aim is unattainable without these components. Answering this question demonstrates the significance of employee motivation. However, it is astonishing how many businesses fail to motivate their employees in the long run. Employee incentive tactics are determined by the needs of the firm. Strategies employed by one organization may not be applicable to another. This propensity makes employee motivation more difficult because it necessitates continuous development. Workplace inclusion, engagement, and retention should be prioritized.

### **Multi-generational Employee Motivation**

There are three generations of modern workers. Workers of all ages share some skills, abilities, and failings, notwithstanding their differences. Managers must work together with all personnel to ensure a company's success. Understanding the characteristics of each group can help you understand their incentives to work well together, resulting in mutually rewarding results.

#### **Baby Boomers**

Economists predict that the baby boomer retirement tsunami will shape the modern period. Because of the recession, some people have had to work longer hours. As a result, financial considerations and retirement plans must not be overlooked. To keep loyal consumers, make them feel valued and appreciated. Their knowledge is priceless in a workforce of passionate but frequently illogical millennials. Mentor junior employees by utilizing their excellent work ethic and management skills. Allow baby boomers to participate in intergenerational knowledge exchange at their own speed. Because baby boomers usually beat expectations, extreme independence is improbable.

#### **Generation X**

Gen Xers are tech-savvy and internet-savvy as a result of their upbringing with modern technologies. Because of lax parental supervision, many people of this cohort chose independent work and riskier endeavors. Their ability to tackle organizational challenges creatively will boost your company's agility in shifting terrain, according to their entrepreneurial inclination. However, because Gen Xers value instant satisfaction and work-life balance, you must allow them to do so or they will search elsewhere.

#### **Generation Y**

The recession has affected Generation Y more than Baby Boomers. This group accounts for the majority of the US workforce, yet it also accounts for 48% of the unemployed in 2013. The people are practical and diligent. The recent economic downturn has harmed their job prospects, which explains their dissatisfaction. The current generation is less loyal and more receptive to new challenges than earlier generations. Provide



enough career advancement and educational opportunities to avoid worker attrition to rival organizations. Due to personality characteristics and a perceived competence gap between this generation and others, managers may struggle to bridge the generational barrier. According to statistics, baby boomers own 66% of businesses. However, the majority of these companies' staff are millennials. This demographic divide between owners and employees may cause to disagreements over perspectives, ideas, and talents. Always consider the necessity to reconcile a company's expectations with the demographics of its personnel and the discretionary preferences of its owners.

## **4. THEORIES OF MOTIVATION**

### **MASLOW'S NEED HIERARCHY THEORY**

Abraham Maslow was a pioneer in behavioral science, teaching management professionals about human desires and their enormous influence on motivation. Maslow noted that people have a range of wants that vary in their intensity. He built a pyramid out of all the necessities. Food, shelter, and basic requirements are at the bottom of the priority list, with less urgent demands climbing to the top. Requirements A hierarchical classification of requirements based on their relative importance, with the assumption that basic needs must be satisfied before less basic ones. Before proceeding, you must complete the requirements of the previous level.

#### **Physiological Needs**

Human survival requires food, drink, shelter, and other necessities such as air and water. Maslow's hierarchy of needs states that an individual's goal will be to meet these requirements.

#### **Safety / Security Needs**

People seek protection and security after achieving their physiological demands in order to avoid physical and emotional harm.

#### **Social Needs**

After basic physiological and safety demands are met, higher-level interests such as social desires become significant. Social needs include the desire for relationships and a sense of belonging. These people are outgoing. Love, according to Maslow, is a mutually beneficial and harmonious relationship built on trust, respect, and admiration.

#### **Esteem / Status Needs**

Feeling like they belong may lead to arrogance. The qualifications listed above are related to a person's standing and esteem, and include proficiency, achievements, expertise, proactiveness, and attainment.

#### **Self Actualization Needs**

Self-actualization is at the top of Maslow's hierarchy of wants. People who have fulfilled their first four desires are more likely to have these requirements. According to Maslow (year), humans desire to maximize their potential and be their best. It is natural to be totally capable.

### **HERZBERG'S MOTIVATOR – HYGIENE THEORY**

In the late 1950s, Fredrick Herzberg and colleagues proposed the Motivation-Hygiene hypothesis, sometimes known as the two-component hypothesis. This hypothesis is a model of motivation based on need. To create this concept, Herzberg and colleagues investigated the workers of a paint manufacturing company. Contentment factors differed significantly from discontentment components. As a result, he



divided these reactions into two categories: There is no rewriteable information in user text.

### **Motivators Factors**

Certain employment criteria increase job satisfaction and motivation. However, they do not produce sadness until certain conditions are met. These were referred to by the participant as "satisfiers" or "motivational factors." The factors discovered?

- Achievement.
- Recognition.
- Advancement (through creative & challenging work).
- The work itself.
- The possibilities of personal growth.
- Responsibility

### **Maintenance Factors**

Workplace rules may annoy absent employees. Maintenance factors, or hygiene elements as Herzberg referred to them, are required for sustaining current conditions and ensuring happiness. Without these elements, enjoyment declines while motivation remains constant. The following are examples: Happiness and unhappiness, according to Herzberg, are different processes that cannot be viewed as complementary.

- Company policy and administration.
- Technical supervision.
- Interpersonal relations with supervisor, peers and subordinates.
- Salary.
- Job security.
- Personal life.
- Work conditions
- Status

According to McClelland's three needs theory's psychological framework, humans are motivated by three basic needs: achievement, affiliation, and power.

### **MCCLELLAND'S THREE NEEDS THEORY**

According to David C. McClelland, humans are motivated by power, affiliation, and achievement. The importance of these wants is determined by the individual. Knowing how essential these requirements are to someone will enable you to influence them.

#### **Need for Achievement (nAch)**

The pursuit of excellence in accordance with specified standards. Work completion is critical for greatness. Academically gifted students prefer moderately difficult exercises and prompt feedback on their accomplishments. People are prevented from picking too difficult or too easy tasks due to a lack of suitable challenge for their talents. Both circumstances are devoid of a challenge, which diminishes their sense of accomplishment, particularly unanticipated ones.

#### **Need for Affiliation (nAff)**

Intimate interactions are required. When given the option during cooperative work, people with a strong need for affiliation (nAff) prefer buddies over technical expertise. Individuals who crave social connection are drawn to careers that require extensive interpersonal interaction.

#### **Need for Power (nPow)**

Assertiveness, outspokenness, conflict, and a determination to stick to one's guns are all characteristics of power-seeking conduct. They consistently communicate effectively and have high expectations of others. People with a lot of ambition want to be in positions of leadership. Motivation for success and ambition can



lead to positive and gratifying outcomes.

### **Creating Motivation in the workplace**

Every organization and its leadership recognizes the value of a friendly environment. It takes time to establish a positive workplace culture. It is difficult to forecast how long it will take to encourage staff. Implementing effective employee incentive programs will pay dividends.

## **5. EXPLORING MODERN EMPLOYEE MOTIVATION METHODS**

### **Merit Increases**

Employees who have done well and produced merit raises. Many companies provide pay-for-performance incentives, but with time and dollar limits. You may also be asked to take part in performance evaluations. This strategy benefits smaller businesses with less requirements.

### **Recognizing**

Employees have historically been motivated by recognition programs. It is critical to recognize and support employees who do well. Make certain that everyone understands what you're saying. Platforms could be used in the lunchroom, hallways, or meetings.

### **Discuss professional objectives with your team.**

Despite the fact that many people aspire to advance in their careers, they rarely seek career development information or assistance. Leaders can motivate personnel who have the possibility for advancement. Self-esteem can be increased simply through conversation. Individuals' enhanced performance may astound you. Rather than waiting for people to approach you, actively engage and motivate them.

Writing thanksgiving notes is a typical approach to express gratitude and recognize the positive impact of others. Handwritten, passionate thank you cards that express gratitude. One method of communicating with employees is to leave a note on their desk or write on their paychecks. Using Games to Build a Team Employees might be motivated by games that stimulate collaboration. These tactics can help to motivate and inspire your employees. Simple tasks can be completed efficiently and for free.

### **Purchasing movie tickets is appealing.**

This incentive is comparable to merit increase. This technique avoids the limits of merit-based compensation increases. Gift cards provide nearly limitless alternatives, including movie tickets.

This approach of staff incentive is not new. Coffeemakers are found in the majority of modern offices. To surprise the workers, take a coffee order, collect it, or arrange for delivery the next morning.

Lunch Organise a potluck or a staff lunch. Meals can help your image, but regular luncheons thrill attendees. Please consult the team before making any final modifications.

### **Birthday greetings**

Birthdays appear to be associated with workplace popularity. This is a fun way to get away from everyday life. Many managers pay out of pocket. People organize their annual schedules during this time. One employee organizes and oversees another colleague's birthday.

### **The most recent definition**

This hobby provides numerous enjoyable moments. Staff should be asked to provide uncommon vocabulary. Make time during the day to use the word. Making the word into a rhythmic chant may improve acceptance.

### **Allow sufficient time for workers.**

Making time for one's team is another technique to motivate employees. It is critical to take heed of what others say. Be inquisitive and conduct preliminary research. Employees feel valued and recognized beyond numbers when they put in time.

### **Stories of Inspiration**

There are numerous storylines that can be examined. Novels, movies, and contemporary events are all



examples. Make your story, regardless of the topic, relatable.

### **Inspirational sayings**

Using brief proverbs in everyday conversation necessitates discretion and balance. People are generally encouraged by office motivational posters. These posters are appropriate for sales-oriented offices. Their success stems mostly from their ability to engage and focus audiences. Certain Indian firms have a human-centered approach to business, assisting and paying for the medical expenditures of their employees' family members.

Employees no longer seek solely financially lucrative employment in tough conditions. Employees at these companies are driven by a pleasant work environment, specialized healthcare facilities, flexible work schedules and work-from-home options, women-friendly rules, and team support. According to a Times Jobs poll, almost 90% of Indian corporate employees want to stay if their job is valued. According to a research of over 1,600 employees, 82% of workers are motivated to work harder when their superiors show appreciation. Businesses can express gratitude to their staff by complimenting and applauding them. The strategy described above has been carefully tested and proven to increase employee satisfaction and productivity. Employee recognition requires a formal framework. According to a poll of 87% of employees in the IT, telecom, ITeS, and internet sectors, their supervisors do not recognize them. Bosses acknowledged 75% fewer automotive and 70% fewer BFSI personnel, respectively. However, 52% of industrial and retail workers report that their supervisors express gratitude.

According to a gender-based survey, 63% of women and 85% of men believe their superiors do not respect them. Junior level employees (62%), middle level employees (80%), and senior level employees (50%) demonstrated a significant lack of respect. Positive reinforcement is useful in developing and sustaining an employer brand. Employers must actively engage current and prospective workers. Employer branding requires the use of digital media, social networks, and company review websites. Communication success necessitates openness, transparency, and reaction in both formal and informal channels. 70% of employees feel valued when they are offered clear promotion opportunities. It is simple to make employees feel valued at work. When given job advancement opportunities, 70% of employees feel valued. According to the survey, 44% of people believe that regular rewards and recognitions are the best way to express gratitude. According to 37% of respondents, pay raises are the finest form of gratitude, while 22% think more difficult work increase their self-esteem. Approximately 20% of workers report that remote work and telecommuting make them feel valued. Approximately 11% of respondents believe that having more decision-making authority increases their self-esteem. Employers in India have failed to achieve a sustainable competitive advantage. Only 22% of employees reported receiving continuous recognition for great achievement in the preceding year, while 60% received it intermittently. Eighteen percent of those polled have never felt recognized.

### **Google India**

Google is distinguished by its great facilities, comprehensive workplace amenities, and commitment to work-life balance. The organization attempts to provide a positive work atmosphere that fosters employee development. Because the organization values innovation and employee performance, offices are designed to foster a creative work environment.

### **Marriott Hotels India –**

Marriott's commitment to employee care demonstrates its dedication to work-life balance. JW Marriott, Marriott's founder, provided customized guidance to each employee at his first hotel. He treated them well, kept them up to date on Marriott news, and provided them with outstanding training. JW Marriott emphasized the importance of integrating new recruits into the Marriott family by instilling a sense of belonging. According to a Marriott representative, managers are accountable for employee satisfaction.





### **American Express India**

In India, American Express is well-known for its talent development, professional advancement, and employee relationships. American Express appreciates fostering a professional atmosphere in which various employees with diverse abilities and perspectives may grow and advance. According to an American Express spokesman, every executive's mission is to create an inspirational environment.

### **Godrej Consumer Products**

Godrej Consumer Products develops leaders, identifies remarkable individuals on campuses, offers flexible work arrangements, and encourages female labor force participation. Professional development workshops are held by the company. The implementation of this program encourages the establishment of objectives for women's representation in the workforce and managerial hierarchies.

## **6. CONCLUSION**

A highly motivated employee can aid a company's development and performance. According to the findings of this study, employee motivation is complex and requires the attention and determination of current managers to succeed. Employee motivation, its foundations, and the numerous human needs that influence it must all be understood by managers. Managers must understand the various factors that influence employee motivation and how their relative importance shifts over time. Managers should learn about relevant ideas, case studies, and historical or current motivational initiatives. This will assist them in locating reward schemes that match the needs of their employees. Autocratic leadership, mechanical organizational structures, and authoritarian norms can all have an impact on business decisions. Employees are assigned duties by senior management. The described work environment may stifle creativity and motivation, negatively impacting the firm's performance, development, and efficacy (Constant & Offodile, 2001). According to Mathew, Grawich, and Barbara (2009), firms with happy, eager, and motivated employees are more productive. Productivity increases organization efficiency and revenues. Employee input must be consistently acknowledged and addressed in order to build effective organizational management. Employees were traditionally thought to be merely components of manufacturing. Elton Mayo's 1924-1932 Hawthorne Studies may have influenced employee behavior thinking (Dickson, 1973). According to this study, employees are motivated by factors other than money, and their beliefs influence their conduct (Dickson, 1973). The human relations approach to management, which focuses on employee needs and motivation, was presented by the Hawthorne Studies (Bedeian, 1993).

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